

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Richard Normand**

Has successfully participated & completed the  
**10km Cowhouse Spring Trail Run 2017**  
held at Cowhouse Market.

**TIME 00:53:11**

**PACE 05:18/km**  
**OVERALL 5 of 41**

**GENDER 3 of 21**  
**40 - 49 2 of 6**

28 October 2017, Sat

Date



*BoutTime*

Signature

